

ਆਇ ਮਿਲਹੁ ਸੰਤ ਸਜਣਾ ਨਾਮੁ ਜਪਹ ਮਨ ਮਿਤ ਜੀਉ ॥

ENGLISH GROUP SIMRAN SEWA	P.S.T. TIME	UK TIME	E.S.T. TIME	I.S.T. TIME	AUS TIME
Paramjit Kaur - Practical in PUNJ	11:30:00 PM	7:30:00 AM	2:30:00 AM	12:00:00 PM	4:30:00 PM
Paramjit Kaur - Practical in PUNJ	12:00:00 AM	8:00:00 AM	3:00:00 AM	12:30:00 PM	5:00:00 PM
Malkit Kaur (IND)	12:30:00 AM	8:30:00 AM	3:30:00 AM	1:00:00 PM	5:30:00 PM
Sandeep Kaur 🇨🇦 (CAN)	1:00:00 AM	9:00:00 AM	4:00:00 AM	1:30:00 PM	6:00:00 PM
Preet Brar	1:30:00 AM	9:30:00 AM	4:30:00 AM	2:00:00 PM	6:30:00 PM
Harkamal Kaur (IND)	2:00:00 AM	10:00:00 AM	5:00:00 AM	2:30:00 PM	7:00:00 PM
Rajinder Kaur (UK)	2:30:00 AM	10:30:00 AM	5:30:00 AM	3:00:00 PM	7:30:00 PM
Harleen kaur (IND)	3:00:00 AM	11:00:00 AM	6:00:00 AM	3:30:00 PM	8:00:00 PM
Raspal Kaur (IND)	3:30:00 AM	11:30:00 AM	6:30:00 AM	4:00:00 PM	8:30:00 PM
Simran Singh (CAN)	4:00:00 AM	12:00:00 PM	7:00:00 AM	4:30:00 PM	9:00:00 PM
Jaspreet Kaur	4:30:00 AM	12:30:00 PM	7:30:00 AM	5:00:00 PM	9:30:00 PM
Asis Kaur / Gaganjit Kaur	5:00:00 AM	1:00:00 PM	8:00:00 AM	5:30:00 PM	10:00:00 PM
Asis Kaur	5:30:00 AM	1:30:00 PM	8:30:00 AM	6:00:00 PM	10:30:00 PM
Harkamal Kaur (IND)	6:00:00 AM	2:00:00 PM	9:00:00 AM	6:30:00 PM	11:00:00 PM
Amarinder Kaur	6:30:00 AM	2:30:00 PM	9:30:00 AM	7:00 PM	11:30:00 PM
B. Joginder Singh - Guided in ENG.	7:00:00 AM	3:00:00 PM	10:00:00 AM	7:30:00 PM	12:00:00 AM
Jaspreet Kaur	7:30:00 AM	3:30:00 PM	10:30:00 AM	8:00:00 PM	12:30:00 AM
Kuljit Kaur Aulakh (UK)	8:00:00 AM	4:00:00 PM	11:00:00 AM	8:30:00 PM	1:00:00 AM
Manvinder Singh	8:30:00 AM	4:30:00 PM	11:30:00 AM	9:00:00 PM	1:30:00 AM
Manjot singh (India)	9:00:00 AM	5:00:00 PM	12:00:00 PM	9:30:00 PM	2:00:00 AM
Deep Chahal	9:30:00 AM	5:30:00 PM	12:30:00 PM	10:00:00 PM	2:30:00 AM
Inderpal Singh (IND)	10:00:00 AM	6:00:00 PM	1:00:00 PM	10:30:00 PM	3:00:00 AM
Ranjita Kaur	10:30:00 AM	6:30:00 PM	1:30:00 PM	11:00:00 PM	3:30:00 AM
	11:00:00 AM	7:00:00 PM	2:00:00 PM	11:30:00 PM	4:00:00 AM
Paramjit Kaur Aus	11:30:00 AM	7:30:00 PM	2:30:00 PM	12:00:00 AM	4:30:00 AM
Dalvinder Singh	12:00:00 PM	8:00:00 PM	3:00:00 PM	12:30:00 AM	5:00:00 AM
Symmie Kaur (UK)	12:30:00 PM	8:30:00 PM	3:30:00 PM	1:00:00 AM	5:30:00 AM
Suky Kaur Dubb (UK)	1:00:00 PM	9:00:00 PM	4:00:00 PM	1:30:00 AM	6:00:00 AM
Rajinder Kaur	1:30:00 PM	9:30:00 PM	4:30:00 PM	2:00:00 AM	6:30:00 AM
Inderbir Kaur (UK)	2:00:00 PM	10:00:00 PM	5:00:00 PM	2:30:00 AM	7:00:00 AM
Harjinder Pal Singh(India)	2:30:00 PM	10:30:00 PM	5:30:00 PM	3:00:00 AM	7:30:00 AM
Samarbir Singh	3:00:00 PM	11:00:00 PM	6:00:00 PM	3:30:00 AM	8:00:00 AM
Harkamal Kaur (IND)	3:30:00 PM	11:30:00 PM	6:30:00 PM	4:00:00 AM	8:30:00 AM
ਦੀਪ ਸਿੰਘ	4:00:00 PM	12:00:00 AM	7:00:00 PM	4:30:00 AM	9:00:00 AM
Jaskrn Singh	4:30:00 PM	12:30:00 AM	7:30:00 PM	5:00:00 AM	9:30:00 AM
DAILY GURBANI Reflections and Vichaar in ENGLISH	5:00:00 PM	1:00:00 AM	8:00:00 PM	5:30:00 AM	10:00:00 AM
	5:30:00 PM	1:30:00 AM	8:30:00 PM	6:00:00 AM	10:30:00 AM
Ranjita Kaur(UK)	6:00:00 PM	2:00:00 AM	9:00:00 PM	6:30:00 AM	11:00:00 AM
Lovedeep Singh - Practical in PUNJ.	6:30:00 PM	2:30:00 AM	9:30:00 PM	7:00:00 AM	11:30:00 AM
Harkamal Kaur (IND)	7:00:00 PM	3:00:00 AM	10:00:00 PM	7:30:00 AM	12:00:00 PM
Taranjit Kaur UK / Daljit Kaur UK	7:30:00 PM	3:30:00 AM	10:30:00 PM	8:00:00 AM	12:30:00 PM
Manjeet Kaur (UK)	8:00:00 PM	4:00:00 AM	11:00:00 PM	8:30:00 AM	1:00:00 PM
Gaganjit Kaur Bains (USA)	8:30:00 PM	4:30:00 AM	11:30:00 PM	9:00:00 AM	1:30:00 PM
Gagan Kaur (CAN)	9:00:00 PM	5:00:00 AM	12:00:00 AM	9:30:00 AM	2:00:00 PM
ਰਜਵਿੰਦਰ ਕੌਰ ਜੀ (UK)	9:30:00 PM	5:30:00 AM	12:30:00 AM	10:00:00 AM	2:30:00 PM
Rajwinder Patra (UK)	10:00:00 PM	6:00:00 AM	1:00:00 AM	10:30:00 AM	3:00:00 PM
Amarinder Kaur (IND)	10:30:00 PM	6:30:00 AM	1:30:00 AM	11:00:00 AM	3:30:00 PM
Symmie K/Kulvir K	11:00:00 PM	7:00:00 AM	2:00:00 AM	11:30:00 AM	4:00:00 PM